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The Nilgiris, Tamilnadu

#### Criteria - VII

## INSTITUTIONAL VALUES AND BEST PRACTICE

#### 7.2. Best Practices

7.2.1. Describe two best practices successfully implemented by the institution.

BEST PRACTICE I SUPPORTING DOCUMENTS



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2017-2018



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#### Eye Camp

**Date:** 04/06/2017

Venue: Hobert School, Ooty

**Organized by:** NSS

**Report**: Aravind eye hospital Coimbatore & Rotatory Club of Ootacumund conducted an eye camp at Hobert School, Ooty on 4.6.2017. Twenty of our NSS volunteers helped them at the registration spot, arranging the public in an organised manner and sending them for checkup etc. Our service was very much needed at that occasion and was appreciated by the organizers





## FOR WOME

#### EMERALD HEIGHTS COLLEGE FOR WOMEN

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#### Swachh Bharat

**Date:** 08/08/2017

Venue: Periyar Colony, Ooty

**Organized by:** NSS

**Report**: To accelerate the efforts to achieve universal sanitation coverage and to put the focus on sanitation, the Prime minister of India launched the Swachh Bharat mission on 2<sup>nd</sup> October 2014. Regarding this awareness about Swachh Bharat was given to the public residing in Periyar Colony, Ooty by our volunteers on 8.8.2017. A door to door campaign was conducted by our volunteers. They educated the public about segregating the household waste into degradable and non- degradable. They also requested the public to keep their surroundings neat and clean.







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#### **Entrepreneurship**

**Date:** 18/09/2017- 22/09/2017

Venue: Thattaneri, Manjanakorai, Madithorai and the College Auditorium

**Organized by:** Department of Zoology

**Report**: Tamil Nadu State Council for Science and Technology and Emerald Heights Collegefor Women, Department of Zoology jointly organized a five days workshop on "Application of Science and Technology for rural areas in Nilgiris" from 18.09.2017 to 22.09.2019 in various places like Thattaneri, Manjanakorai, Madithorai and the College Auditorium.











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#### **Dengue Awareness Programme**

**Date:** 26/10/2017- 27/10/2017

Venue: Finger Post, Rohini, Kandal, Periyar Colony & VC colony, Ooty

**Organized by:** NSS

**Report**: Knowing about Dengue fever and its consequences, the NSS volunteers had been educated about the precaution measures to be adopted. On 26.10.2017&27.10.2017, 50 NSS volunteers visited the nearby places Finger Post, Rohini, Kandal, Periyar Colony & VC colony and created awareness among the public residing there.







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#### Dengue awareness Programme

**Date:** 02/11/2017

Venue: Additional collector office, Ooty

**Organized by:** NSS

**Report**: Dengue awareness was conducted on 2.11.2017. Nearly 500 students of our college participated in this programme. Mrs.J.Innocent Divya IAS, District Collector, Nilgiris inaugurated this programme at Additional collector office ,Ooty. The volunteers visited various places from Finger Post to Rohini and gave awareness about dengue fever to the public residing in those areas. The public were advised to dispose waste properly and they were also asked to call Dr.Murali Health officer, Municipality, Ooty if they have any issues regarding the disposal of waste. Further the volunteers instructed the public to do blood test if they suffer from fever and to report to government hospital immediately. They were instructed to keep their houses and surroundings clean by removing the stagnant water in vessels or buckets since AEDES mosquitoes breed in fresh water.





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#### **NSS** special camp

**Date:** 18/12/2017- 24/12/2017

Venue: Kasthuribai colony and Indra colony, Ooty

**Organized by:** NSS

**Report**: NSS special camp was conducted at Kasthuribai colony and Indra colony from 18.12.2017 to 24.12.2017. 100 volunteers from unit I and II participated and rendered their services to the colony people by organizing various programmes and activities.







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2018-2019

Swatch Bharat summer Internship Programme

**Date:** 30/06/2018- 29/07/2018



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Venue: Nanjanadu, Palada and Kallakorai Village, The Nilgiris.

Organized by: NSS

Report: Swatch Bharat is one of the most popular and significant missions. The major objective of the swath Bharat is to provide basic sanitation facilities like toilets, solid and liquid waste disposal systems, village cleanliness, and safe and adequate drinking water supply to every person. Twenty volunteers participated in Swatch Bharat internship programme from 30<sup>th</sup> June to 29<sup>th</sup> July. They visited Nanjanadu, Palada and Kallakorai villages and gave awareness about swatch bharat to the public. They visited every house and educated them about the mission's objectives. They visited Nanjanadu village and door to door awareness about better sanitation practices like using of toilet; importance organic manures were insisted rather than inorganic manures. At Palada village and at Vivekananda School, Palada, our students spread awareness about cleanliness, deforestation. The promotion towards Open defecation free (ODF) village was insisted for health and hygiene. At Kallakorai Government High School, a general awareness about the environment was given. Awareness about neat and tidy habits, good health tips were also taught to the school students. The volunteers cleaned the campus with the school students and made the children to realize the importance of cleanliness and also planted saplings in the school campus.





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#### **World Population Day**

**Date:** 24/07/2018

Venue: Collector Office, Ooty.

**Organized by:** NSS

**Report**: World Population Day: The primary aim of this initiative is to increase awareness about reproductive health problems among the people. The day also aims at getting people to learn about population issues. Rally was organized by the Nilgiris District Administration on Population Control. The rally was initiated in collector office and to YWCA. The seminar was organized on population and its effects. The volunteers created awareness among the public. Rashma of III B.Sc. Maths participated in the speech competition and won prize.







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#### **Plastic Eradication Rally**

**Date:** 24/07/2018

Venue: Finger Post, Ooty.

**Organized by: NSS** 

**Report**: A rally was organized from our college campus to Finger Post. 50 students participated and instructed the public and shopkeepers in Finger Post area not to use plastics. They explained about the consequences faced by human and animals which affect our ecosystem totally.







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#### Swatch Bharat Awareness Programme

**Date:** 07/08/2018

Venue: Finger Post, Periyar Colony, Dingle Dale, VC Colony, RC Colony, Kasthuribai

Colony, Ooty.

**Organized by:** NSS

**Report**: Swatch Bharath awareness programme was organized for the public in areas like Finger Post, Periyar Colony, Dingle Dale, VC Colony, RC Colony, Kasthuribai Colony. Nearly 200 of our student's volunteers visited the colonies and educated the public about Swatch Bharath. They spoke to public about segregation of the solid waste into degradable and non-degradable waste and handing over them to the municipal sanitary workers. They instructed the public not to litter the waste on the road side and further insisted them to keep the surrounding clean.







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#### Visit to Deaf and Dumb school

**Date:** 14/09/2018

Venue: Deaf and Dumb School, Ashia Rotary Rehabilitation Centre, Nirmala School.

Organized by: Department of Commerce and Computer Science

**Report**: The students of Emerald Heights College for Women visited Deaf and Dumb school which is located near Botanical Garden in Ooty and they conducted game for those children's studying in the school in a way which they could understand and communicate. And as a token of love the student's gifted books and stationary items for their studies. The students narrated and enacted few stories to them.

The students visited Ashia School for the children who are differently abled and physically or mentally ill which is located in Vannarapet, Ooty. These children have initiated a exhibition in which they has displayed their handmade craft items, As an encouragement for them the students have purchased those items and they donated provisions and basic needs generously through love.

The students and staffs went to Nirmala School which is located in Kakkathoppu. The students conducted games and the children were involved and played them energetically and also donated some stationary items which help them to read and write. As they help them in learning it is easy for them to learn things easily.





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#### **NSS Day Celebration**

**Date:** 20/09/2018

Venue: Kasthuribai Colony, Ooty.

**Organized by:** NSS

**Report**: NSS Unit I and Unit II of our college organized awareness programme on NSS DAY. The rally was initiated by our Principal Dr.Parvathi, the rally started from our college and ended in Kandal. Door to door campaign was performed by our volunteers on cleanliness and on single use of plastics.









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#### Swatchtha Hi Sewa

**Date:** 20/09/2018

Venue: Kandal, Ooty.
Organized by: NSS

**Report**: A campaign under the swachh Bhatat mission that aims to increase participation towards swachtha. This is an initiative of the swachh Bharat mission, aims to generate public participation, reinforce the concept of sanitation as everyone's business and culminate Mahatma Gandhi's 150<sup>th</sup> birth year celebration with A nationwide campaign. Wide varieties of activities were planned. The volunteers were taken to the municipal dump yard and were given an orientation about solid waste management. Being oriented our volunteers visited all the houses in Kandal and educated the people about the disposal of waste.





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#### World Tourism day

**Date:** 27/09/2018

Venue: Railway Station Ooty

**Organized by:** NSS

**Report**: World tourism Day celebrated every 27 September around the world is a unique opportunity to raise awareness on tourism's actual and potential contribution to sustainable development. Our NSS volunteers celebrated World tourism Day by greeting and welcoming the foreigners from Spain. They interacted with the foreigners which made them very happy.





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#### **Awareness about Traffic Rules**

**Date:** 27/09/2018

**Venue:** Railway Station Ooty

**Organized by:** NSS

**Report**: NSS Programme officers along with four volunteers and Mrs. K.Sarasumani, Inspector of Police, Pudumund Police station organized an awareness programme on traffic rules at Thalakundha on 2/11/2018. She addressed the public on traffic rules. She explained that every individual should obey the traffic rules and not to use mobile phones while walking or driving which leads to accidents.





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#### **NSS Special Camp**

**Date:** 16/12/2018-22/12/2018

Venue: Thatnery and Sholur Village, Ooty

**Organized by:** NSS

**Report**: NSS special camp was organized by Unit I and Unit II of our college at villages Thatnery and Sholur from 16.12.2018 to 22.12.2018. Our volunteers created awareness about Swatch Bharat, Yoga, Environment, Health and Hygiene through various activities and programmes. Further our volunteers learnt and developed vital qualities like adjusting, sharing discipline, acceptance, love and worship and also promised that they would follow them throughout their life.







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2019-2020



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#### Visit to Zoology Laboratory - Practical knowledge

**Date:** 18/06/19- 20/06/19

Venue: Thuneri and Thumanatty Village, Ooty

Organized by: NSS

**Report:** The students of Govt. Hr. Sec. School, Sri Madurai, Gudalur visited our college for a field trip to gain practical knowledge of our college campus. They visited our Zoology lab and where given lecture by the staff members. The students were also explained about various equipments and facilities in the lab for carrying out different experiments. 95 students and 6 staff members of Sri Madurai School. Mr.Mohammed Fuslukhan, Mrs.Sumathi, Mrs.Kanagamani, Mrs.Bernard Rozario, Mr.Swathiselvan & Mr.Girish Kumar accompanied the students for the visit.







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### SWATCH BHARAT SUMMER INTERNSHIP PROGRAMME AND RURAL COMMUNITY DEVELOPMENT

**Date:** 18/06/19- 20/06/19

**Venue:** Thuneri and Thumanatty Village, Ooty

**Organized by: NSS** 

**Report:**NSS volunteers along with District Rural Development Officers and block development officers adopted Thuneri and Thumanatty village for rural community development. Twenty volunteers participated in swatch summer internship programme held at DRDA and Panchayat union office. An orientation programme on swatch bharat mission was given to the volunteers. The volunteers visited the villages and involved in cleaning. They did door to door campaign on cleanliness, disposal of biodegradable waste and non-biodegradable waste. They also insisted the people about open deification free nation. They planted trees and visited to the government school in that village and cleaned the school. They gave awareness on cleanliness and napkin disposal to the school students.





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#### **OBSERVANCE OF SWATCHHTA PAKHWADA**

**Date:** 02/08/2019- 15/08/2019

Venue: Thoppan Lane, Nethaji Nagar, Khandhal and RC colony, Ooty

**Organized by:** NSS

**Report:** On 13th August the NSS volunteers visited Thoppan Lane, Nethaji Nagar, Khandhal and RC colony and did a door to door campaign on the importance of cleanliness in their surroundings. During the campaign, discussion was focussed on Open Defecation Free (ODF) village / slum. The people were advised to construct toilet in their premises.









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## Rally from the college premises to fingerpost to create awareness on cleanliness



#### Cleanning in finger post bus stop 14/08/19





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#### **WORLD TOURISM DAY**

**Date:** 27/09/2019

Venue: Railway Station, Ooty

**Organized by: NSS** 

**Report:** The NSS Volunteers of Emerald Heights College for Women, Ooty participated in the World tourism day celebrations at the Udhagamandalam railway station on 27.09.2019. Mrs. Nirmala, District Revenue Officer, Ooty presided over the function. She spoke on "Tourism and jobs: A Better future for all. Selected tourists were honoured. Mrs. Nirmala, distributed prizes to the winners of the elocution competition held at Emerald Heights College for women, Ooty the previous day (26.09.2019).









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## SWATCH BHARAT CLEANING ACTIVITIES – RAILWAY STATION, UDHAGAMANDALAM

**Date:** 27/09/2019

**Venue:** Railway Station, Ooty

**Organized by: NSS** 

**Report:**The railway station at Udhagamandalam was cleaned by the NSS Volunteers of Emerald Heights College for Women, Ooty, Swatch Bharat Programme as a part of 150<sup>TH</sup> Birth Anniversary of Mahatma Gandhi.









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## 150TH BIRTH ANNIVERSARY OF MAHATMA GANDHI: CLEANING ACTIVITY FROM BUS STAND TO CHARRING CROSS, OOTY.

Date: 02/10/2019

**Venue:** Main Bus Stand – Charring cross, Ooty

**Organized by: NSS** 

**Report:** The 150<sup>th</sup> birth anniversary of Mahatma Gandhi is celebrated in Emerald Heights College for Women, Ooty from the month of August, 2019. With regard to that cleaning activity was done by our NSS volunteers from main bus stand to charring cross, Ooty on 02.10.2019. Our college secretary inaugurated the function. Apart from NSS volunteers staff members and third year students also took part in this cleaning activity. Volunteers gave awareness on cleanliness and thought of Mahatma Gandhi to the public.





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NSS volunteers cleaning the roads.





Students cleaning the government school premises.





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### AWARENESS RALLY ON ENVIRONMENTAL AND FOREST CONSERVATION

**Date:** 02/02/2020

**Venue:** Railway Station, Ooty

**Organized by: NSS** 

**Report:** The volunteers of Emerald Heights College for women participated in awareness rally on environmental and forest conservation in association with NAWA-Nilgiri Adhivasi Welfare Association and Bharathiar University from railway station to HADP hall. The NSS Volunteers of various colleges affiliated to Bharathiar University performed street play on conservation of environment and forest. Seminar was conducted on Tribal Empowerment in HADP hall.











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2020-2021



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#### **Awareness on Corona virus**

**Date:** 12/05/2020

Venue: Ooty

**Organized by:** NSS

**Report:** An orientation programme on Covid 19 symptoms and precation measures to be followed was given to the volunteers through online. They were motivated to download Arogya setu App and register in IGOT. The volunteers were well trained by Covid 19 facilitator guides.

After training our volunteers visited the nearby areas of their own residence and involved in creating awareness. They did door to door campaign on cleanliness, proper way of wearing mask and disposal of used masks, hand wash techniques and procedure of self-quarantine. They also insisted the people to stay safe at home. Our volunteers sewed mask by themselves and issued to public. They also provided provisions, vegetables, sanitizers and mask for the needy people.





### EMERALD HEIGHTS COLLEGE FOR WOMEN Propagated to divide with Crade Ptt by NAAC (3rd Cycle)



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2021-2022

# RISE AND SHINE

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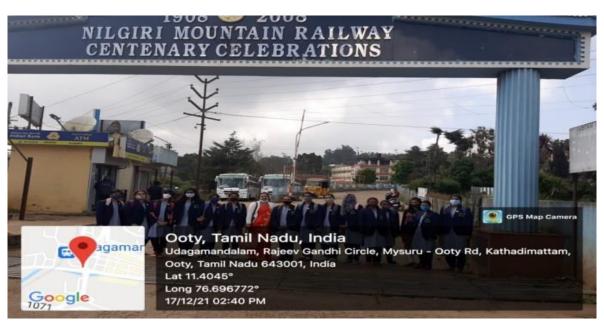
### Clean India Programme

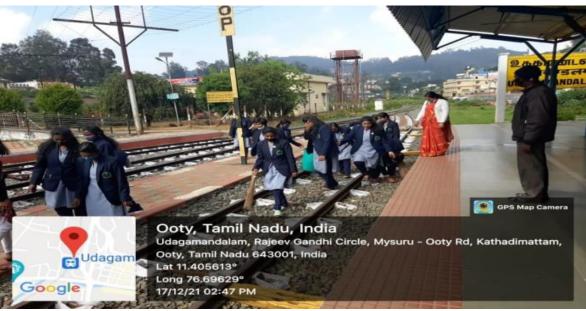
**Date:** 17/12/2021

Venue: Railway Station, Ooty

**Organized by: NSS** 

**Report:** Our NSS volunteers involved in cleaning programme at railway station on 17/12/2021. Ooty is known for tourism. Nilgiri mountain railway is a centenary railway in Ooty. They cleaned the rail way track in and around the railway station.





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### COLLEGERON WOMEN

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### VISIT TO OLD AGE HOME

**Date:** 15/12/2021

Venue: Dhenallai Village, Ooty

Organized by: NSS

**Report:** National Service Scheme Volunteers organized an "Old Age Welfare Association" on December 2019. The volunteers of this association will meet old age people in their vicinity. This association is organized to spread love and compassion to lead a healthy life without worries and anxiety. This year our volunteers visited an old age and orphan home located at Dhenallai Village on 15/12/2021. This home is maintained by MN Trust. 60 volunteers and 4 teachers visited this home with the motto to spread love and compassion.

Our volunteers engaged themselves by interacting with the old age people to known the need of the people and also organized programs like singing and dancing. The volunteers donated dress materials, provisions, fruits and snacks to the home. They also donated rupees ten thousand (10000) to the home on behalf of NSS, Emerald Heights College for Women, Ooty. This practice creates a sense of social responsibility in the minds of the students and enables them to gain insight about their value system. This practice also helps to promote the welfare of oneself and family and helps to believe that love, compassion, faith, charity and spirituality enrich one's life.



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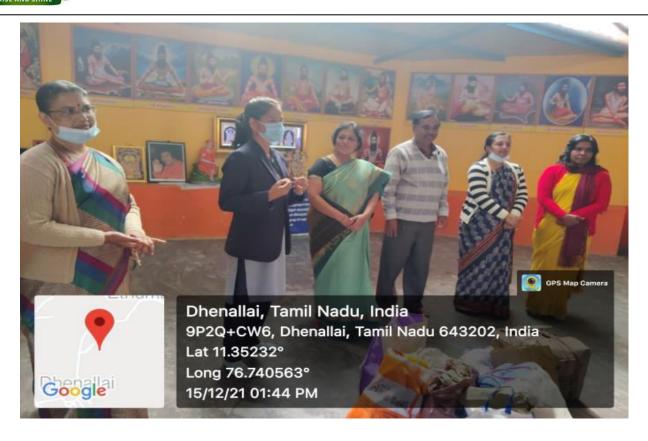




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### Visit to Deaf and Dum School (21/12/2021)

**Date:** 21/12/2021

Venue: Pudumund, Ooty

**Organized by:** NSS

**Report:** Every year our volunteers celebrate Christmas in our college. This year our volunteers organized Christmas celebration at Deaf and Dum School located at Pudumund, Ooty on 21/12/2021. This school is a government high school for physically challenged children. More than 25 children study in this school. Our volunteers played games and had fun with school children. They celebrated Christmas by cutting cake, danced together and distributed gifts to the children.





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### **VISIT TO GLENMORGAN**

**Date:** 21/12/2021

Venue: Glenmorgan, Ooty

Organized by: B.Com Department

**Report:** Department of commerce visited Glenmorgan for extension activities on 21/12/2021. 120 students participated and gave awareness on "Importance of Savings and Education" to the tribal people of Glenmorgan.







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### Visit to Kollimalai Village

**Date:** 17/12/2021

Venue: Kollimalai Village, Ooty

Organized by: Department of English

**Report:** The students of the Department of English visited Kollimalai village, Ooty, as a part of their extension activity on 17.12.2021 at 10.00 am. Kollimalai village is one of the seven villages of Kota Tribes of Nilgiri District. The total number of Kota tribes is around 2250 only. The tribes lived in compact communities. The students of the department went to the village to conduct a survey on their lifestyle.





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### Visit to Glenmorghan

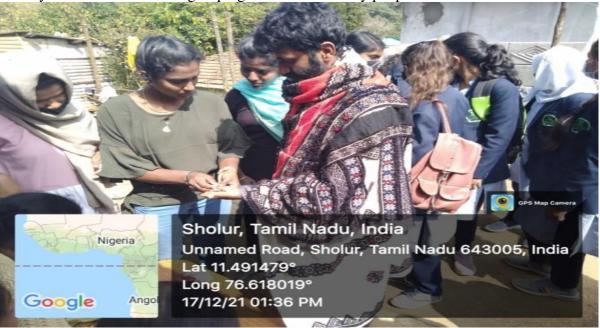
Date: 17/12/2021

Venue: Glenmorghan, Ooty

**Organized by:** Department of Zoology

**Report:** The students of Zoology Department along with the their faculty members visited the Tribal Toda mund –Theranadmund situated near Glenmorghan. Our students meet the tribal ommunity of the mund and interacted with them. Our girls as part of the extension

activity carried out the blood grouping for the community people.







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### Awareness programme on Single Use Plastic and Omicron Virus

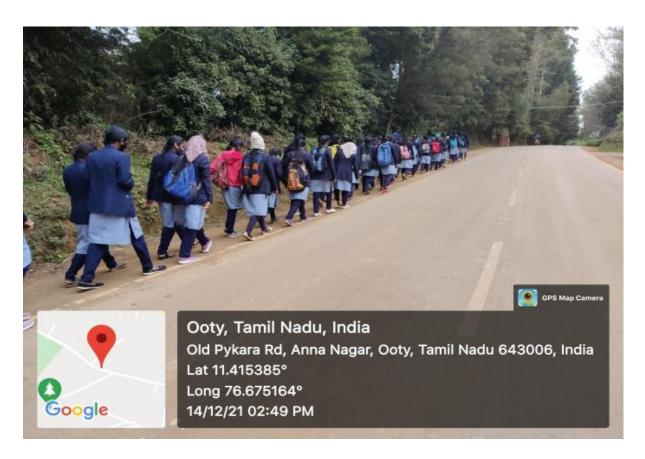
**Date:** 14/12/2021

Venue: Finger Post, Ooty

**Organized by: NSS** 

**Report:** The ministry of youth affairs and sports, Government of India launched the Clean India Programme and called as "Azadi Ka Amrit Mahotsav" in collaboration with state governments on the eve of 75th year of independence. National Service Scheme is asked to conduct various activities such as collection and disposal of waste through collection drive, door to door campaign, village beautification, cleaning historical monuments and heritage sites, community centers, cleaning water sources etc.

Door to door campaign was organized by our volunteers on 14/12/2021. They visited nearby areas of our college and gave awareness on clean and hygiene, clean environment and single use plastic. They also gave awareness on omicron virus and precaution measures to be followed to protect ourselves. 55 volunteers participated in this awareness campaign and more than 400 families were benefitted.



### COLLEGE OF WOMEN

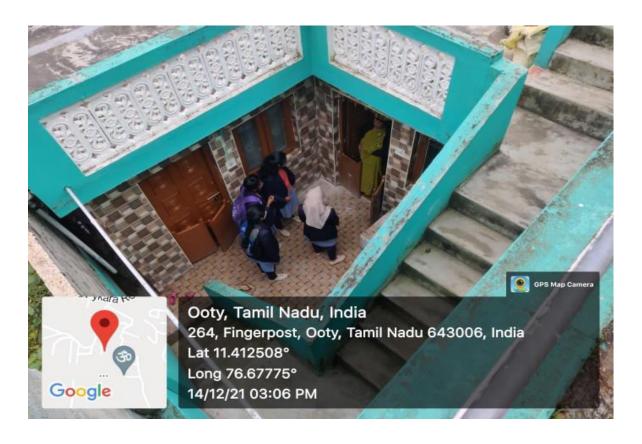
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# RISE AND SHINE

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### COLLEGE OF WORKS

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### Visit to Old Age Home

### Visit to Old Age Home

Date: 16/12/2021

Venue: Smyrna Home, Ooty.

Organized by: Department of Zoology

**Report:** The students of Zoology Department along with their faculty members visited the old age home at SMYRNA FELLOWSHIP TRUST, Ooty on 16/12/2021. The girls joined the old age people and the physically challenged person during the X-mas time where we shared with them Christmas gifts, cakes and chocolates.







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